

BENEFITS OF A CLEAN ENVIRONMENT

A clean environment is essential for the health and happiness of all living beings. It means having clean air to breathe, pure water to drink, green surroundings, and litter-free streets. When our surroundings are clean, they not only look beautiful but also keep us physically and mentally healthy.

A clean environment helps in reducing pollution and preventing diseases. Waste management, tree plantation, and proper sanitation are important steps toward maintaining cleanliness. When garbage is thrown in the right place and water bodies are kept free from waste, it protects plants and animals and keeps the ecosystem balanced.

Clean air helps us breathe better and reduces health problems like asthma and allergies. Clean water prevents water-borne diseases such as cholera and typhoid. A neat and green environment also improves our mood and helps us concentrate better in school and at work.

The government has started several campaigns like Swachh Bharat Abhiyan to encourage cleanliness, but real change can only happen when each of us takes responsibility. We should not litter, plant more trees, and spread awareness about keeping our surroundings clean.

In conclusion, a clean environment means a healthy life, a happy community, and a brighter future. Let us all promise to keep our Earth clean and green for ourselves and future generations.

Lavishka Chauhan 6-E