

JANUARY, 2025



AMITY INTERNATIONAL SCHOOL
SECTOR- 46, GURUGRAM

AMIKRITI



विद्या ददाति विनयं विनयाद् याति
पात्रताम् ।
पात्रत्वात् धनम् आप्नोति धनाद् धर्मं
ततः सुखम् ॥



OUR MISSION

AMITY 46 envisions to be a catalyst in augmenting holistic development, cultivating a dynamic and engaging learning environment that motivates children to aspire, act and achieve. We believe that every child is potentially the beacon of divine light and has the capacity to transform society and uplift mankind.

OUR VISION

- To cherish and nurture our students with utmost care
- To foster a culture of empathy, kindness, and respect towards nurturing relationships that uplift and inspire
- To embrace innovation and adaptability
- To cultivate the strong sense of identity and purpose
- To build strong partnerships with families, communities and organizations
- To instill in the students the ability to cope with situations with grit and determination
- To encourage students to achieve and aspire for success
- To imbibe in the students an understanding of exemplary behaviour, the value of hard work, a positive attitude, a strong sense of ambition and faith in God as stated in the BHAAG formula propounded by our respected Founder President, Dr. Ashok K. Chauhan

Where Modernity Blends With Tradition

CHAIRPERSON'S MESSAGE

Dear Students,

**"Education is not the learning of facts, but the training of the mind to think."
- Albert Einstein**

In today's fast-paced, globalized world, knowledge is the key to unlocking your true potential. As future leaders and policy makers, it's essential to stay informed, curious, and open-minded. The pursuit of knowledge is an ongoing journey, it requires dedication, curiosity, and most importantly open-mindedness. Knowledge is the tool used to navigate through life and make informed decisions, both in a personal and professional domain.



This era belongs to those who possess a unique blend of intelligence, character, and commitment. At Amity, we aim to empower our students with the knowledge, skills, and confidence so that they think critically and creatively to develop innovative solutions, communicate effectively to inspire and motivate others and develop a passion for reading, learning, and self-improvement.

By fostering these skills, we hope to inspire you to become responsible citizens, thoughtful leaders, and harbingers of positive change. Knowledge is power and with it you can make a meaningful difference in the world.

Modern India is the result of the dreams of great philosophers and scientists like Swami Vivekananda, Rabindranath Tagore, Mahatma Gandhi, Aryabhata, C.V. Raman, Homi Bhabha, and Abdul Kalam etc. Their visionary dreams, ideas, and unwavering commitment paved the way to the transformative progress we witness today. The magic of vision and ideas can revolutionize lives, communities, and nations.

As future leaders, we encourage you to pursue education with a purpose: to give back to society, to uplift your communities, and to create a brighter future for all. Remember, education is not just about personal achievement; it's about using your knowledge, skills, and values to make a difference in the lives of others. Therefore, identify your potential, keep learning, growing, and striving for excellence.

We firmly believe that education should not only enrich your minds but also inspire your hearts. We strive to instill in you a passion for learning and commitment to values such as empathy, kindness, and integrity, a sense of social responsibility, civic engagement and a desire to make a positive impact on the world.

With a strong belief in yourself, you will become the changemakers our society needs. You will be equipped to lead your lives purposefully.

With blessings
Dr. (Ms.) Amita Chauhan
Chairperson

Blessing Ceremony for the Scholars of Grade X

On 27 January 2025, Blessing Ceremony for Class X students was organised in the school premises. Blessings not only keep the children grounded but also boost them with confidence to face the challenges wisely. A pious Havan ceremony was conducted. All students reverently participated in the ceremony by offering the sacred aahutis and chanting shlokas.

The school principal, Dr. Arti Chopra wished them good luck for their approaching Board examinations and urged them to strive towards their goal with determination and passion. Good luck badges were given to the students by the co-ordinator Ms. Vanshika Tuteja and the class teachers. The ceremony concluded on a sweet note with the distribution of prasad and students seeking blessings from their teachers.



PRINCIPAL'S MESSAGE



Dear Readers

Excellence is not a virtue but a habit.....

Successful people are not born with great luck, but they are seen aiming for excellence in the desired direction with conviction, that eventually becomes a habit with them. Not everyone is always successful in their endeavours, but consistency in aiming for the desired goal, with dedication, is certainly a good habit to acquire that eventually opens the doors to succeed.

Thomas Edison's failure to make electric bulb 999 times before he succeeded 1000th time is a pattern to reckon with. Positive reinforcement from a peer, parent or teacher, or associating the behaviour with a pleasurable experience can help an individual towards the same. It is advised that starting with a simple behaviour and gradually increasing its complexity, like committing oneself to a schedule, in line with the desired goal, can set the chord right. It is equally important to be mindful or being aware of triggers or situations or internal states might lead to negative behaviour and actively choosing to engage in the desired behaviour.

It takes consistent repetition over time to become automatic and ingrained in your routine. To develop a habit, you must constantly repeat behaviour in response to a particular cue, experiencing a positive reward that reinforces the action. This creates a "habit loop" in your brain that consists of a cue, craving, response, and reward. Important components in habit formation:

Cue: The event that sets off the behaviour, such as a certain time of day, place, or feeling.

Craving: The need or drive to engage in the behaviour.

Reaction: The behaviour itself.

Reward: The constructive feedback that keeps the habit cycle going.

At Amity, we are committed to nurturing every child into an achiever, fostering a relentless drive for excellence. It is essential for parents of growing children to understand Amity's strategic approach to guiding students toward success. A strong parent-school partnership fosters a brighter future, ensuring the child's holistic growth and achievement. Let's join together to cultivate positive habits in our children and empower them.

Happy reading!

Dr. (Ms.) Arti Chopra

Principal Dr. Arti Chopra Honoured with Sustainability Superstar Award

On February 3rd, 2024, Principal Dr. Arti Chopra was honoured with the prestigious title of Sustainability Superstar– The Community Champion #SuperEmpower'23 at the Sustainability Superstar Awards Ceremony. The event took place at Chinmaya Mission in Delhi and celebrated her exceptional dedication and unwavering commitment to advancing sustainable development goals.



Our School Hosted CBSE National Level Science Exhibition

A three-day CBSE National Science Exhibition was proudly hosted at Amity International School, Sector 46, starting from 30th January. This spectacular event showcased the innovative spirit, creativity, and intellectual curiosity of students through their impressive projects, models, and exhibits.

On 30th January, 2025, the exhibition was inaugurated by Mr. Rahul Singh (IAS), Chairman CBSE. In his inspirational address, he spoke about the need of scientific innovation and understanding scientific concepts with a hands on experiences.

The event was graced by distinguished personalities , including Sh Manoj Srivastava, Director Training, Dr. Pragya M. Singh , Director Academic CBSE, Sh. Al Hilal Ahmed, Jt. Secretary CBSE, Mr. B.N.Bajpai , Advisor Research & Development in Amity and Ms. Anita Sethia, Sr. Consultant- HR& Training in Amity.

The august audience was addressed by Dr. Ashok K. Chauhan , Founder President of the Amity Group and by Dr. (Ms.) Amita Chauhan, Chairperson of Amity Group of Schools and RBEF. They expressed their gratitude to the Chairman CBSE for providing Amity School an opportunity to witness the scientific talent and innovation of the students from all over India. Chairperson Dr. (Ms.) Amita Chauhan appreciated the pedagogical practices introduced by the CBSE, leading the students to imbibe a culture of innovation and exploration . A total of 429 schools from all over the country converged at the Amity International School, Sector 46 to showcase their talents, demonstrate their ideas, creativity and interact with others on the exciting field of Science. The theme of the exhibition was 'Science and Technology for a Sustainable Future'. The Sub-themes included: Food Health and Hygiene ,Transport and Communication, Natural Farming, Disaster Management, Mathematical Modelling and Computational Thinking, Waste Management and Resource Management. The students and teachers from other schools of Delhi & NCR also visited the exhibition.

On February 1, valedictory function was accomplished successfully. Mr. Himanshu Gupta, CBSE Secretary, was the chief guest, while Dr. Praggya M. Singh , Academic Director, CBSE was the Guest of Honour. The ceremony witnessed the gracious presence of Dr. (Mrs.) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF. Chairperson Ma'am in her inspiring speech, appreciated the CBSE for its initiative of National Science Exhibition, fostering the scientific acumen of the students and cultivating a holistic mindset.



Investiture Ceremony- 2025-26

‘Leadership is the capacity to translate vision into reality.’

—Warren Bennis

On January 24, 2025, our school held its Investiture Ceremony, an occasion to confer responsibility upon deserving students from the junior, middle, and senior wings to lead the school with dignity and honour.

The ceremony began with the lighting of the lamp. The event was graced by honourable Chairperson Dr. (Mrs.) Amita Chauhan. The audience was welcomed by a captivating Indian choir performance, setting the tone for the event.

In her speech, the school principal, Dr. Arti Chopra, extended her congratulations to the newly elected Student Council members. She highlighted the extracurricular and academic achievements of the school and encouraged the student leaders to embrace the spirit of 'Service Before Self', in both words and deeds. The ceremony had a reflective moment when the outgoing Head Boy and Head Girl shared their experiences and presented a report on the work done during their tenure. The event was made all the more special as proud parents watched their children take on the roles of school leaders, marking the beginning of an exciting new chapter. The newly elected Head Boy, Parth Katoch, and Head Girl, Samridhi Jain, along with their council members, pledged their commitment to the values of leadership, promising to empower the minds of their fellow students.

Honourable Chairperson Dr. (Mrs.) Amita Chauhan, deeply moved by the enthusiasm and resolve in the eyes of the young leaders, shared her inspiring words of wisdom. Her blessings and encouragement instilled a renewed sense of energy in the new council.

Col. Ahluwalia, the Sports Consultant for Amity Group of Schools, also congratulated the newly appointed student council members. He motivated them to excel in their new roles, urging them to perform at their best in every challenge they face.



Workshop on Health and Wellness

On 18th January 2025, Principal Dr. Arti Chopra conducted an enriching workshop for the parents, on the topic 'Health and Wellness' in the school premises.

The event commenced with the lighting of the lamp ceremony.

In today's swift-moving reality, myriad demands appear inexhaustible for the parents of contemporary times. As a result, they tend to give health and wellness secondary importance. Therefore, this workshop was a significant step towards embracing proper health and wellness techniques by parents to maintain and improve their physical, mental and emotional well-being as it would directly affect the welfare of the children.

Through informative slides and gripping technological tools, the interactive session empowered the parents to make informed choices about their health.

Visit to CSIR

A very informative and engrossing visit to the Council of Scientific and Industrial Research (CSIR – Faridabad) was organised by AICE for the students of 8th Synconnect to give a glimpse of the scientific world and get real time experience by observing experiments done by the researchers. There was demonstration of high-tech instruments and research methodologies which encouraged the children to ask questions about careers in research, ongoing projects and scientific challenges. The scientific domains exposed to children were of chemistry, biotechnology, material science and environmental science.



Capacity Building Workshop for the Mathematics Teachers

On 17 & 18 January 2025, Capacity Building Workshop was hosted by our school for the Maths faculty, teaching classes IX & X, in order to update them about the innovative methodology and collaborative approaches, advanced teaching strategies, pedagogical skills, and updated mathematical tools that can enhance classroom practices. 52 teachers from 33 different schools attended the 2-day workshop. The workshop featured a combination of theoretical discussions, practical demonstrations, and hands-on activities. The major topics covered were- Innovative Teaching Methods, Mathematical Concepts and Curriculum Updates, Assessment Strategies and Classroom Management. The workshop featured a range of experienced educators, mathematicians, and experts in the field of educational technology. Dr. Rajesh Kr Thakur, Asst Prof (SCERT Delhi) and Ishita Mukherjee - Master Trainer from the CBSE conducted this workshop. The workshop was a successful initiative that not only equipped teachers with valuable skills and knowledge but also empowered them as educators.



Anubhav Series: A Session on Eye Health and Safety



On 21st January 2025, a highly informative session on Children's Eye Health and Safety Awareness was held in the school. The session was led by Dr. (Wing Commander) Sapna Raina (Retd.), a renowned expert in the field of ophthalmology with years of experience in children's eye health.

Respected Principal ma'am and Headmistress ma'am welcomed Dr Sapna with a planter.

Dr. Raina emphasized on how early eye care plays a crucial role in a child's overall development and learning. She highlighted common eye conditions affecting children. She also demonstrated practical exercises for strengthening eye muscles, and advised on maintaining a healthy diet rich in vitamins that promote good vision, such as vitamin A and omega-3 fatty acids.

An important part of the session focused on eye safety awareness. Dr. Raina spoke about the increasing screen time among children and its effects on their eye health, advising the 20-20-20 rule for preventing digital eye strain—looking at something 20 feet away for 20 seconds every 20 minutes of screen time. The session concluded with an interactive question-and-answer round, where students of grade 3 & 4 showed their inquisitiveness to know more about the eye care.

Inter- School Book Discussion at Ridge Valley School

A group of three students of grade XI participated in a lively book discussion under the aegis of GPSC on the 28th of January 2025. The event hosted by the Ridge Valley School, DLF Phase IV Gurugram aimed at stimulating critical thinking and the joy of reading literature.

The session was moderated by Dr. Nirmalya Samanta, Associate Professor Department of English, Ramanujan College, Delhi University. The discussion centred around the book, 'Independence' by Chitra Banerjee Divakaruni. Students were taken through an engaging analysis of the themes, characters, and ideas. It proved to be incredibly rewarding experience.



Workshop on Transforming Education with Technology Integration



On 27th January 2025, school principal Dr. Arti Chopra conducted an enriching workshop for the educators from GPSC schools, on the topic of Transforming Education with Technology Integration. Total 23 schools participated, and 56 teachers attended this workshop. The workshop, which aimed to help educators explore and understand the evolving role of technology in transforming education, began with a powerful self-assessment survey designed to provide a baseline understanding of where each educator stood on the journey of digital transformation.

Dr. Arti Chopra introduced the concept of digital transformation in education. She explained how the rapid evolution of technology is reshaping teaching and learning process. She emphasized that for student-centred learning to be effective, all four essential approaches—personalized learning, competency-based learning, anywhere-anytime learning, and student ownership—must be integrated seamlessly.

To illustrate how technology can enhance student-centred learning, she also introduced a variety of digital tools and platforms like Gamification Tools, Kahoot, Khan Academy, Padlet, Mentimeter, Canva and Adobe and ChatGPT. These platforms were emphasized to ensure that learning remains student-centric, flexible, and engaging.

The key activity in the workshop was the AI Project Cycle, which guided participants through the stages of problem scoping, data acquisition, data exploration, modelling, and evaluation.

This workshop provided valuable insights and hands-on learning for educators to embrace the power of technology in transforming education.

Visit to Sultanpur Bird Sanctuary, Gurugram

On February 5, 2025, students of Class 3 embarked on an educational excursion to the Sultanpur Bird Sanctuary, Gurugram. The visit was organized as part of the school's efforts to provide students with real-world learning experiences. The excursion to the bird sanctuary was a wonderful experience. Children enjoyed observing different migratory birds. The bird sanctuary was a delightful escape into nature's embrace. Surrounded by lush greenery and the soothing sounds of chirping birds, the walk on the beautiful trail fostered curiosity, environmental awareness and critical thinking skills. Children also enjoyed the snacks provided by the school. Surrounded by serene landscapes and the beauty of wildlife, students came back with lasting memories, cherishing the simple joy of being together in this tranquil setting.



AMIOWN Pre-Orientation Programme

On January 18, 2025, our school hosted Orientation Programme for Amiown parents. The event commenced with a symbolic lamp lighting ceremony, signifying the illumination of knowledge and wisdom. Dr. Arti Chopra, the esteemed Principal, addressed the gathering, emphasizing the school's dedication to academic excellence, character development, and fostering a nurturing environment where every child can thrive. The program provided parents with a comprehensive overview of the school's academic and co-curricular offerings, including innovative teaching methodologies and a wide range of extracurricular activities. The event successfully fostered a sense of community and collaboration, laying the groundwork for a strong partnership between parents and educators.



Asian Regional Space Settlement Design Competition -2025

On 31st January 2025, our team of 13 students- Ishani Verma(X), Suhani Gupta (X), Shambhavi Vats (VIII), Abhay Bailey (X), Vanya Saluja (X), Harshprit Singh (XI), Prabjot Singh (IX), Kushagra Sethia (IX), Aaradhya Kaushik (VIII), Jashraaj Sahoo (XI), Harsh Saxena (X), Soham Mukherjee (XI) set off for Dubai, United Arab Emirates, to participate in the 21st Asian Regional Space Settlement Design Competition (ARSSDC 2025). The team participated as Grumbo Aerospace, along with over 60 students from countries including China, Pakistan, and Singapore.

Held at Amity University Dubai from January 31st to February 4th, the competition provided a platform for students to engage in high-pressure, real-world aerospace industry simulations. Members from Cygna Space Society took on management positions, contributing to the leadership of the company.

They worked in fields such as Structures, Operations, Automation, and Human Factors, showcasing technical expertise, teamwork, and problem-solving skills. Ishani Verma (Class X-H) received the Anita Gale Exceptional Creative Clarity Award. All the students expressed their gratitude to respected Chairperson Madam for providing them with invaluable learning experience.



Anubhav Series Session on Dental Hygiene



On 22nd January, 2025, Dr. Charu Rana, Cosmetic Dental Surgeon & Endodontist conducted a very informative session for the students of grade I and II to make children understand the importance of keeping teeth and gums healthy by following a healthy routine. The session commenced by lighting of the lamp.

She began her session by asking some general questions about dental hygiene. Eating a healthy diet to keep teeth strong was greatly stressed upon. Supported by a power point presentation and showing different tools like floss, denture, toothbrush etc., she discussed the various dental ailments.

Through a lively and engaging demonstration on oral hygiene, the students were taught the best practices for dental care.

Visit to the Rock Sport Adventure Camp Where learning Meets Fun

A total of 211 students of grades VI-XI visited the Rocksport Adventure Camp, on the 21st of January, 2025.

The students had warm up activities before having their breakfast. Students were divided into sizeable teams and then taken through various adventure activities like spot climbing, zip-line, tractor rides, Burma bridge crossing, obstacle crossing, and so on. It was a day away from their mundane routine to enjoy greenery, fresh air and clear sky. The students came back with fond memories of this beautiful experience.





Our team earns top spot in CBSE National Science Exhibition

The team of Amity 46 triumphed at the CBSE National Exhibition by emerging as winners in category II on the sub- theme of Disaster Management and their exhibit was Thermo-electric generator. Our team inclusive of Akshaj Hans – XI E and Akshita Gupta- XI E was warmly congratulated and blessed by Chairperson Dr. (Ms.) Amita Chauhan.

Our Students Emerged as Over All Winners in INTER AMITY HERITAGE QUIZ 2024-25

On 21st January, 2025 INTER AMITY HERITAGE QUIZ was conducted in Amity International School, Saket, which witnessed the participation of around 10 schools across Delhi and NCR. It was based on the four States of India – Rajasthan, Maharashtra, West Bengal and Tamil Nadu.

Winners of Senior Category: 1st Place

Pritha Ghosh- XI, Angadvir Singh -XI, and Khanak Gupta-XI

Winners of Junior Category: 3rd Place

Vihaan Aggarwal -V, Navya Srivastava -IV and Aashvi Ratra-VI and Ananya Sharma-XI



Abeer Wins Silver at Prestigious International Tabla Competition

Abeer Srivastava of 7th Synconnect has made all of us proud by securing silver medal in International Tabla Competition held in Abu Dhabi, UAE on 8th and 9th Nov'24, organized by the Akhil Bhartiya Sanskritik Sangh (ABSS) in partnership with UNESCO.

Ayush Shah



- Senior Engineering Manager
- Leads five teams comprising 50 exceptional software and machine learning engineers, building cutting-edge AI solutions that surpass the explain ability provided by the latest LLM-based approaches.

Siddharth Bagga



- Architect and Designer
- Gold Medal in Architecture, Best Architectural Thesis Award 2022 (Council of Architects, India)

Gursimran Singh



- Product Manager at Microsoft
- Cofounded a startup - CurbSide AI - building software infrastructure for micromobility

Shlok Sahni



- Global Sustainability Manager US hybrid
- Finalist of Times Fresh Face of India
- Presently working as a Brand Development Manager in RGBSI in Bangalore heading My ESG Planet

POETIC EXPRESSIONS

Be Kind

A smile, a hug, a helping hand,
Can make the world so bright and grand.
Share your toys, lend a friend,
Kindness brings joy that has no end.

Be kind to all, both big and small,
It costs so little but means it all.
When you are kind, the world will see,
A better place for you and me!

Moral:

Kindness is a gift everyone can give!

Abir Sonkhla, II - E

Magnets on the Fridge

Magnets on the fridge so fine,
Holding memories, one trip at a time.
Eiffel Tower, Taj Mahal too,
Souvenirs from journeys, old and new.

Each magnet tells a story bright,
Of adventures had, day and night.
Far-off lands, and memories sweet,
Frozen in time, on your fridge to meet.

So let the magnets hold their place,
Reminding you of a smiling face,
In a foreign land, where fun we had,
A tiny token, for all to feel glad.

Seeara Sondhi, II - D

These wondrous books!

What worlds of wonder are our books!
Short stories and novels, alike
As one opens them and looks,
Shivers of excitement run up our spines.

They'll help you pass the time away
They'll give you company if that's what you need,
He has good friends, night and day,
Who has a few good books to read.

Each book is a magic box,
With a touch of sparkle and life.
It's not just their pages and covers,
It's the happiness- totally divine.

They will stand together, row by row,
Upon the low shelf or the high.
But if you're lonesome this you know,
You have a friend or two nearby!

Jinisha Yadav, VIII - G

Roses And Thorns

Sometimes when I look up to my life,
It is so selfish.

It just cares about its own mood,
And it is always a reason to sigh.

Sometimes high tides and sometimes low,
It does not feel good to stay in the same flow.

I know I am being too meticulous about happiness,
But this is where my heart wants to go.

Come, step into my shoes,
And look what I do.

Roses and thorns are all,
my life goes through!

Avleen Kaur, IX- F

POETIC EXPRESSIONS

Papa

Papa, our strength & might
Our only hope, our guiding light

Teaches me to have a good mind
He is very witty, strong & kind

Papa's ship will sail high
His titanic will never drown or die

Like a businessman, like my mother
and I am glad that have a kind father

A white scooter that shines like stars
His sweet grin that glows in the dark

Like a businessman like my mother
and I am glad that I have a kind father!

Vamika Kathuria, IV- F

First Day at School

I wonder if my drawing will be as good as
theirs.

I wonder if they'll like me or just be full of
stares.

I wonder if my puppy will wonder where I
am

I wonder if my teacher will look like mom or
granny dear.

Punya Bhardwaj, II- I

Changing of Seasons

Life has many fabulous things
Like what every season brings
First comes the blossoming spring
So many flowers it seems to swing
Next is the warmest summer you've felt
You hope your ice cream doesn't melt
Here comes the monsoon with rain
Which waters the plants and goes down the drain
After that, sophisticated fall comes
Changing fast, green to brown a leaf becomes
Lastly comes the winter so cold
Freezing ice-cold days it mostly holds
I guess all the changes have reasons
How beautiful are all the seasons!

Anya Anuva Khatua, IV- F

One Day

One day, I'll be on the top of the mountain I dreamt of,
My journey masked along the scenic view.
My numb feet burning from determination
It all felt new.

The day I'll step on the peak,
leaving every hardship behind.
I'll find serenity & solace,
the one I tried too hard to find.

The day I awaited the most,
welcomed me with a realisation,
The view was nothing,
but my journey's reflection

The solace felt lonely,
The serenity felt storming
The waterfalls that decorated my way
Was that the real view I had been neglecting??

Mahima Gupta, XI- C

POETIC EXPRESSIONS

School Bag

I'm a child.

It all started with a typical pink Barbie bag,
I was too little, so I did brag.
My smile didn't know any ends
after all, it also was praised by my friends.

I am a teenager.

I feel it's an honour to carry a school bag to school
I consider that's cool
the sticker it has, the colour it portrays,
the batches that's awesome too.

I'm a grown-up.

But now it was something I didn't care for,
after all, I was a grown-up.

I had to be smart
touch heights and be the topper of the class,
kind, responsible, and patient at heart.

In the corner lays my bag,
like it has been betrayed.

As if wanting to seek attention,

But little did it know,

I had to be more focused on my study sessions.

Sadly I hold a grudge against my schoolbag,
It's too heavy to carry on my back.

No one ever wanted to,
but can't deny the fact that we all do.

I'm still going to love my school bag
as a precious memory of my school.

Kashvi Sharma, X- B

Un sommeil tranquille

Cette nuit-là, dans le calme profond,

Ne réveille pas mon enfant.

Pas de chaises qui grincent, pas de lumière du feu

Il n'ose pas toucher au doux rêve

Quand je cherchais des livres, de l'autre côté du sol,
Je descendis lentement sur la pointe des pieds, sans
plus.

À chaque pas, si silencieux et si lent,

Ma précieuse famille, je n'y renoncerais pas.

La nuit s'est écoulée, lentement et tranquillement

Dans une paix silencieuse, les heures passaient.

Puis je me suis souvenu, il ment profondément,
il ne se réveillera pas de son sommeil à la fin de sa vie.

Lakshita Gosain , X- H

La Tour Eiffel

**La Tour Eiffel se dresse, grande et élevée
Le Taj Mahal se dresse sur une terre sacrée.
La beauté de Versailles , la fierté de Mysore,
Deux mondes où résident les rêves encore.**

**Un croissant croustille, un paratha fond,
Baguettes et naans, délices profonds.**

Vin à Paris, chai à Delhi,

Deux saveurs qui enchantent la vie.

**Haute couture glisse, les saris dansent,
Le feu de la Bastille, les lumières de Diwali avancent.
Le fascinant impressionnisme français, le Bollywood
éblouissant,
Les deux me frappent comme un orage puissant.**

**Oh France, oh Inde, belles et fortes,
Vos cultures brillent, vos traditions portent.**

**En monuments, en nourriture, en art,
Vous montrez au monde votre grand cœur et votre part.**

Yashvi Dhankar, IX- H

CREATIVE EXPRESSIONS

So Here... Yet So Far

Get your leashes ready humans, it's high time we get the attention spans under control. And let's face the truth, we all are trapped under the load of never-ending distractions. Can't believe it? Read ahead to find out...

OUT OF THIS WORLD

"You are here. Your mind? Where?" How many of you have been told off for not paying attention in class? Almost all of you. And only a few hundred times a day, not much. Don't worry. We have all been there. (of course, how can we pay attention in class while we have already paid it to the new Netflix series released yesterday?

TOO MUCH

Of course, there is way too much happening around to focus on one thing. Pets whining, toddlers shouting, heavy metal music shaking the house, parents screaming with your grandmother's sas-bhau serial blaring in the background... the story of every home. And when you finally manage to focus back on your math problem only to write $1+2$ is not equal to $2+1$, you know it's trouble.

OH, IT PAYS BACK

Ever finished telling a story (seriously, it was only two minutes long!) only to find your friend's reply: "were you saying something?" And how many times have you turned your house upside down to find a phone that was in your hand? (Let's not forget you tried ringing the number from the same phone to see where it rang).

FINALLY BEATEN

Humans are faster than a cheetah, stronger than an elephant, smarter than a fox, etc., etc. We consider ourselves quite superior, don't we? I completely agree. After all, there is no prouder achievement than having an attention span less than a goldfish.

Chains off now. Lesson Learnt: Let's try to keep a hold on our attention spans humans! (Before it gets lost, and we are left ADHD. And don't get excited, you won't become Percy Jackson.)



Jinisha Yadav, VIII- G

Riddles

1. I have no body and no nose. What am I?
Ans. Nobody knows! (No body nose)

2. I might be a fruit or maybe a vegetable. I run very fast so people always try to catch up with me. Who am I?
Ans. A tomato! (catch up – ketchup)

3. What is ever changing , never makes you bored and still gives you a wild rollercoaster ride through happiness, sadness, excitement, good times and bad times?
Ans. Life

Anya Anuva Khatua , IV- F

Book Review

Mieko Kawakami's 'Heaven' is a powerful and emotional novel that sheds light on the harsh reality of bullying. The story follows two teenagers—an unnamed boy who is bullied because of his lazy eye and a girl named Kojima, who also faces cruelty from her classmates. Despite their pain, they form a secret friendship, exchanging letters and meeting in private, finding comfort in each other's presence. Kojima believes that their suffering has meaning, that it makes them stronger, while the boy begins to question whether pain should be accepted or fought against. As their bond grows, the novel doesn't try to make their struggles look pretty—it exposes the harsh, sometimes heartbreaking truth about how society treats those who are different. Kawakami's writing is simple but deeply moving. She brings out the loneliness and silent battles of adolescence in a way that feels real and personal. The way the protagonist's pain has been described, the reader can feel it through the pages. This book isn't an easy read, but it's an important one. It forces you to sit with uncomfortable truths and think about the way people treat each other. Heaven is a must-read for anyone who wants to explore the complexities of pain, resilience, and the quiet strength found in human connection.

Aarushi Arora, XI- H

CREATIVE EXPRESSIONS

Eerie Echoes : des haricots qui mordent

Juste au moment où Ted ouvrait sa dernière boîte de haricots, les lumières clignotèrent, la télévision s'éteignit et il aurait juré avoir entendu un faible murmure : « Vraiment ? Encore des haricots ? Une brise froide lui traversa la colonne vertébrale ; il s'est transformé en un seau de sueur. Il se retourna lentement, paniqué, pour vérifier et fut horrifié de voir une ombre courir vers sa chambre. Il resta immobile comme un roc. Terrifié, effrayé par la chair de poule et ne sachant pas quoi faire, cependant, après avoir rassemblé un peu de courage, il s'est dirigé vers sa chambre en se souvenant du nom de Dieu. En arrivant dans la pièce, il alluma la lumière avec crainte, jeta un coup d'œil dans toute la pièce d'un seul coup et fut choqué de constater qu'il n'y avait personne. Soudain, la main de quelqu'un se posa sur son épaule et lui dit : « Mon pote, ne mange plus jamais de haricots, je les déteste ». Ted était tellement effrayé qu'il a littéralement vu sa mort en quelques secondes comme si son âme avait quitté son corps, mais quand il s'est retourné, personne n'était là. Il a couru à toute vitesse pour sortir de la maison mais a explosé en voyant son ami à la porte, Ted était sur le point d'expliquer la situation mais son ami l'a interrompu et lui a dit : « Tout ce scénario a été créé par moi, ne vous inquiétez pas ! Ted était à la fois très effrayé et soulagé, mais il a ensuite réalisé que son ami était à Amsterdam depuis 1 an et qu'il reviendrait dans un mois, après avoir réalisé qu'en quelques instants il s'était évanoui. Personne ne sait ce qui s'est passé, peut-être qu'il était rentré plus tôt ou le mystère reste le mystère.

Karnik Rohilla , IX- H

Réussir à ses examens: Gérer le stress et exceller

Les examens sont souvent l'un des soucis pour les élèves, surtout en classe 10, où le stress est plus fort. Pourtant, il existe des solutions simples pour gérer cette période et réussir sans trop d'anxiété.

Tout d'abord, bien dormir est essentiel. Les nuits blanches sont une mauvaise idée, car le cerveau retient moins bien les informations. Il est préférable de se coucher tôt et de se réveiller de bonne heure pour être en pleine forme.

Faire une liste des matières à réviser et cocher les notions permet de suivre ses progrès et de gagner en confiance et en motivation. De plus, travailler avec un ami sérieux peut rendre la révision plus agréable et interactive. Poser des questions à l'autre et échanger des idées aide à comprendre les leçons.

Une bonne organisation, un mode de vie sain et une attitude positive sont les clés du succès.

Mohammad Ashfan Ahmad Mallick , X- I

Riddles

1. I have no body and no nose. What am I?

Ans. Nobody knows! (No body nose)

2. I might be a fruit or maybe a vegetable. I run very fast so people always try to catch up with me. Who am I?

Ans. A tomato! (catch up – ketchup)

3. What is ever changing , never makes you bored and still gives you a wild rollercoaster ride through happiness, sadness, excitement, good times and bad times?

Ans. Life

Anya Anuva Khatua , IV- F

The Invisible Trail: Uncovering the devastating impact of carbon footprints

"Carbon footprint alert! Gas - emitting cars, jet-setting planes, and energy hungry habits are leaving their mark and heating the planet!"

Carbon footprint is the amount of greenhouse gases, primarily carbon dioxide, emitted by human activities. It measures our impact on the environment.

" What are the causes of carbon footprints ?"

Activities like burning fossil fuels, deforestation, industrial processes, and transportation release greenhouse gases, contributing to climate change and carbon footprints.

"What are the effects of carbon footprints ?"

Rising temperatures, melting ice caps, extreme weather, and ecosystem disruption: the devastating effects of carbon footprints, threatening biodiversity, human health, and the planets future .

Reducing carbon footprints :

Use renewable energy

Increase energy efficiency

Plant trees

Reduce, reuse , recycle !

Peher Pathania, V- J

CREATIVE EXPRESSIONS

French Riddles

Q1. Je peux être longue ou courte, on me tire et parfois on me claque. Qui suis-je?

A1. La langue.

Q2. Plus on me retire, plus je grandis. Qui suis-je?

A2. Un trou.

Q3. Je commence la nuit et finis le matin. Qui suis-je?

A3. Le N.

Q4. Je n'ai ni bouche, ni oreilles, mais j'entends tout. Qui suis-je?

A4. L'écho.

Q5. Je vole sans ailes, je pleure sans yeux. Qui suis-je?

A5. Le vent.

Q6. Je peux être claire ou obscure, on me trouve souvent dans un livre. Qui suis-je?

A6. Une page.

Q7. Je suis plus grand lorsque je suis jeune, et plus petit en vieillissant. Qui suis-je?

A7. Une bougie.

Q8. On me casse quand on me nomme. Qui suis-je?

A8. Le silence.

Q9. Je peux être cassée sans être touchée. Qui suis-je?

A9. Une promesse.

Q10. Je suis toujours devant toi, mais tu ne peux jamais m'atteindre. Qui suis-je?

A10. L'horizon.

Khushboo Aggarwal, VII-Sync

L'importance de la lecture

La lecture est une activité essentielle pour le développement intellectuel et personnel. Elle permet d'acquérir des connaissances, d'élargir son vocabulaire et d'améliorer ses capacités de communication. De plus, lire régulièrement réduit le stress et stimule l'imagination. Les livres sont une fenêtre ouverte sur le monde et offrent une évasion précieuse dans notre quotidien parfois stressant.

Samar Sacha , VIII- E

French Riddles

1. Qu'est-ce qui a des dents mais ne mord jamais ?

Answer: Un peigne (A comb)

Translation: What has teeth but never bites?

2. Je suis petit, mais je grandis. Qui suis-je ?

Answer: L'ombre (The shadow)

Translation: I am small, but I grow. What am I?

3. Je suis toujours avec vous, mais vous ne me voyez jamais. Qui suis-je ?

Answer: L'air (The air)

Translation: I am always with you, but you never see me. What am I?

4. Quel est l'animal qui porte des lunettes ?

Answer: Un tigre (A tiger)

Translation: Which animal wears glasses?

5. Je suis pris avant de pouvoir être utilisé, mais une fois utilisé, je ne peux pas être pris. Qui suis-je ?

Answer: Une photo (A photo)

Translation: I am taken before I can be used, but once used, I can't be taken. What am I?

Nishika , VII- C

JOKES

"Qu'est-ce que vous appelez un faux nouille ?
Un impasta."

"Pourquoi le café a-t-il déposé une plainte
auprès de la police ?
Il s'est fait agresser."

"Qu'est-ce que vous appelez un ouvre-boîte qui
ne fonctionne pas ?
Un ouvre-boîte pas possible."

"Pourquoi la banane est-elle allée chez le
docteur ?
Il ne s'épluchait pas bien."

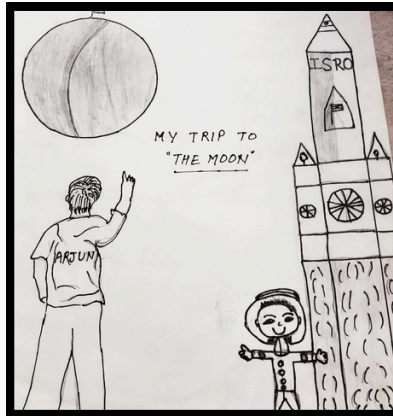
"Pourquoi l'astronaute a-t-il rompu avec sa
petite amie ?
Il avait besoin d'espace."

Saanvi Dua, VII- C

ARTISTIC EXPRESSION - I



Kanav Bhardwaj (2- I)



Arjun Dixit (2- D)



Vibhi Malhotra (1- D)



Kahaan (1- B)



Atharv Darnak (1- G)



Vamika (1- E)



Saanvi Gobind (12- D)



Avishi Jain (2- I)

ARTISTIC EXPRESSION - II



Saanvi Dua (7- C)



Vaishnavi Luthra (1- A)



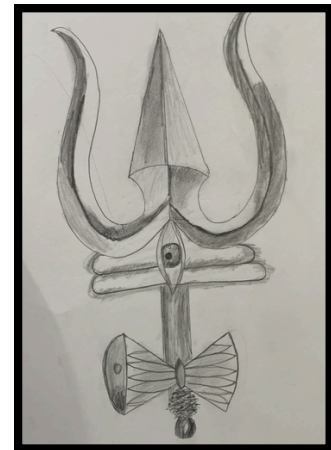
Avleen Kaur (9- F)



Udeeksh (4- B)



Anvi Jain (4- I)



Ojas Goyal (4- F)



Sanchee Kachroo (1- F)



Rishita (11- J)

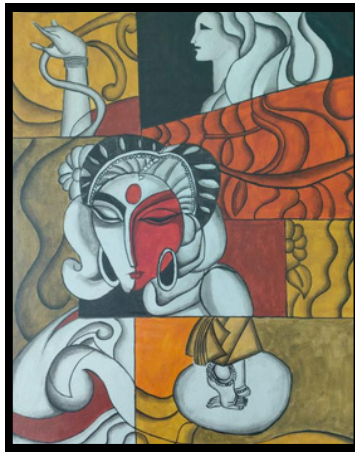


Anyu Anuva Khatua (4- F)

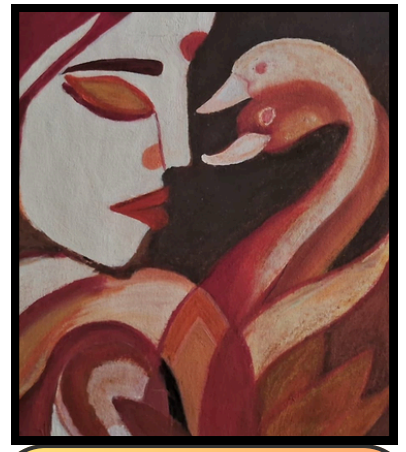
ARTISTIC EXPRESSION - III



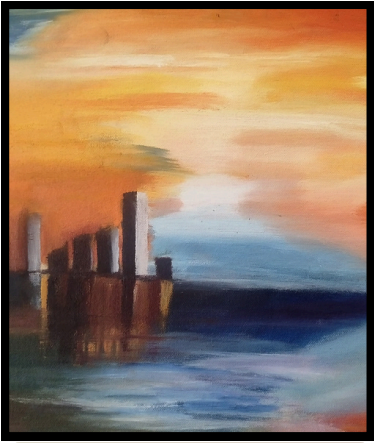
Yashi (5- H)



Saanvi Sharma (11- J)



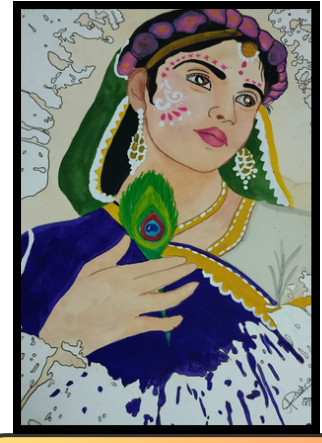
Lipika (12- I)



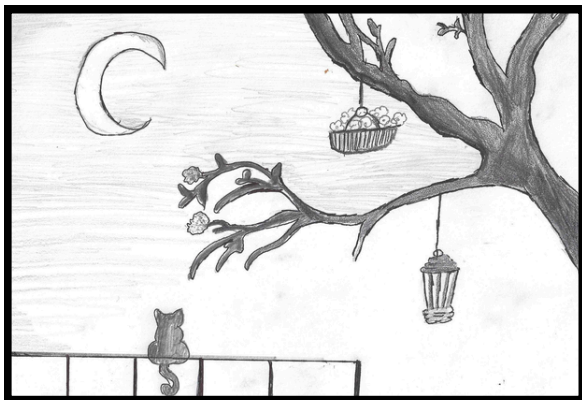
Shiven Sachdeva (12- H)



Rishika (12- G)



Aashna Bhalla (8- A)



Stuti Mishra (5- H)



Arham Jain (4- H)

अनुसंधान की रुचि बढ़ाने को विज्ञान प्रदर्शनी शुरू

एमिटी इंटरनेशनल स्कूल में तीन दिवसीय प्रदर्शनी में देशभर के 429 विद्यालय शामिल, छात्रों में वैज्ञानिक दृष्टिकोण लाना लक्ष्य

अनुराग साहसकर, गुरुग्राम: छात्रों में वैज्ञानिक दृष्टिकोण अनुसंधान के प्रति रुचि को उत्पन्न करने के लिए गुरुग्राम के एमिटी इंटरनेशनल स्कूल में एक कार्यक्रम का शुभारंभ किया गया। इसका शुभारंभ केटीए राघवसिंह किरा कोर्ट के चेयरमैन अमरपाल राहुल सिंह ने किया। छात्राओं ने सरस्वती मंदन और नृत्य प्रस्तुत कर अभिषेक का स्वागत किया।



● केंद्रीय माध्यमिक शिक्षा बोर्ड के चेयरमैन ने विद्या विद्यार्थियों को विज्ञान संदीपित
● कला-सम्बन्धित, वैज्ञानिक दृष्टिकोण, अनुसंधान की भावना को दार्ढ्य दे दे विज्ञान प्रदर्शनी

एमिटी इंटरनेशनल स्कूल में कार्यक्रम में प्रमुखता से छात्रों का भाग



Over 429 Schools participate in National Science Exhibition at Amity
February 1, 2025

देशभर के बच्चों ने दिखाए मॉडल

■ NBT न्यूज, गुड़गांव

सेक्टर-46 स्थित एमिटी इंटरनेशनल स्कूल में स्थायी भविष्य में विज्ञान एवं प्रौद्योगिकी विषय पर तीन दिवसीय सीबीएसई नैशनल विज्ञान प्रदर्शनी शुरू की गई। इसका शुभारंभ केंद्रीय माध्यमिक



Amity Int'l, Gurugram conducts heritage walk



Amity International School, Sec-46, Gurugram, organised a heritage walk and water conservation drive recently. The initiative aimed to foster awareness of cultural heritage and sustainable practices among students. The

French officer who served in Begum Samru's army for 35 years, became an educational platform for students to delve into its architectural brilliance and historical relevance. In tandem with the walk, students carried out a cleanliness drive, removing litter and revitalising



गुरुग्राम के एमिटी इंटरनेशनल स्कूल में शुक्रवार को आयोजित सीबीएसई राष्ट्रीय विज्ञान प्रदर्शनी में प्रस्तुति देती छात्राएं। ● हिन्दुस्तान

PLEASE VISIT THE FOLLOWING LINKS

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