



# AMITY INTERNATIONAL SCHOOL SECTOR 46, GURUGRAM

**February, 2024**

## अमिती KKRITI CHAIRPERSON'S MESSAGE

**Dear Amitians,**

Greetings!

"If you look at history, innovation doesn't come just from giving people incentives; it comes from creating environments where their ideas can connect." — Steven Johnson

In today's fast-paced and highly competitive world Innovation is a driving force to lead one to success. Innovative thinking is the key to unlocking new possibilities and opportunities, enabling individuals to develop their mindset, improve their problem-solving skills, and increase their adaptability and resilience. By embracing innovative thinking, one can unlock one's full potential and achieve the set goals. For innovation to flourish, organizations must create an environment that fosters creativity and brings together multi-talented groups of people who work in close collaboration.

It has been our earnest endeavour to create engaging learning environment for the students where they can become independent learners skilled with self-expression, creating and executing original ideas. We need to support our children and empower them as the agents of change in their own lives. We, as educators have realised the urgency to forge a new path, one that is collaborative, interdisciplinary, and profoundly enriching in its approach to teaching and learning. Our mission is to equip our students with the tools they need to navigate the complexities of the modern world, to instill responsibility, discipline, fellow-feeling, strong value system, global harmony, and positive outlook.

Dear students, always remember that innovation requires an experimental mindset.

By keeping an open mind, practising brainstorming, collaborating with others, experimenting and taking risks, setting aside time for creative thinking, using technology to your advantage, and continually learning and growing, you can develop your creativity and innovation skills and unleash your full potential.

Therefore, set clear goals, establish a sense of positivity in your life, expand your mental horizons and try earnestly to learn from all resources.

With best wishes

**Dr (Mrs.) Amita Chauhan**

Chairperson



## PRINCIPAL'S MESSAGE



Dear Readers,

**“Time is really the only capital that any human being has, and the only thing he can't afford to lose.” — Thomas A. Edison**

Thomas Edison's statement underscores the priceless essence of time as the ultimate and irreplaceable asset in our lives. It urges individuals to be mindful of how they use their time, advocating for intentional choices that resonate with their priorities and foster positive contributions to both their own lives and the lives of those around them. Time Management is the key behind all the successes in the world. Three particular skills separate time management success from failure:

- Awareness: thinking realistically about your time by understanding it is a limited resource
- Arrangement: designing and organizing your goals, plans, schedules, and tasks to effectively use time
- Adaptation: monitoring your use of time while performing activities, including adjusting to interruptions or changing priorities

It is the manner in which we spend time that decides the future course. If time is spent unwisely, without prior planning, the results may not be there. Annie Dillard, in her book "The Writing Life," eloquently conveys the idea that the way we allocate our time on a daily basis ultimately shapes the trajectory of our lives. Each hour, each moment, defines our actions and, consequently, our existence.

Better Time Management is not a skill to acquire, it's a result of having an Organised Mindset. An organised mindset, keeps room for reading, reflecting, physical exercise, healthy eating habits, making a priority list during the day, expressing gratitude to those who made a difference, making friends wisely, not wasting time on social media or over indulgence with gadgets.

Effective time management can contribute to a well-balanced and healthy lifestyle, resulting in:

- Alleviating stress
- Enhancing energy levels
- Streamlining goal achievement
- Prioritizing crucial tasks
- Efficiently accomplishing objectives
- Minimizing procrastination
- Building confidence
- Advancing in your career or education

Imagine your father gives you Rs. 86,400 every morning to spend freely, but it doesn't carry over to the next day. Similarly, we're given 86,400 seconds each day, and how we use them is up to us. Once the day is over, the time is gone. It's a choice to make the most of it or let it slip away. So, learning to use time wisely is an essential life skill that everyone must acquire.

Hope you all have given your best during your annual examinations and will now spend your leisure time wisely too by reading, indulging in skill building exercises and healthy lifestyle.

**Warm Regards**

**Happy Reading!**

# POETIC EXPRESSIONS

## The Magic of Rainbows

In the skies of blue,  
After a shower's fall,  
When the sun glows,  
A rainbow stands tall.  
Beneath the arch of colours high,  
Where dreams touch the sky,  
We embark on wings that yearn to fly  
To chase the light, to soar, to try.  
Red, orange, yellow, green, blue,  
Indigo and violet, hues anew.  
In nature's palette, colours true,  
A rainbow's beauty, a magical debut.  
Beyond the rainbow's colourful gate,  
Where love conquers all, dispels hate,  
Soulmates meet, a destined fate,  
Underneath the rainbows magical state.  
As rainbows fade into the night's embrace,  
Their magic lingers, leaving a trace  
In dreams we soar, in endless grace,  
A world of wonder in every space.

Sharnya Shekhar, VIII - J

## Indian Flag

See the prosperous nation's pride,  
Or the unison in each heart it imbibes?  
See it soaring up and high,  
Swaying dominantly in the skies?  
But it means much more, one must know,  
Behind the tricoloured glory,  
About the thousand loyal sacrifices,  
Much like scarlet splatters at its foot,  
About the million pains it took, or more,  
About the tremendous courage, it took to show  
About the demands for freedom,  
From the handcuffs and binds of unjust,  
Which allowed it to freely rise,  
And fill our hearts with the purest pride,  
And the patriotism that is revitalized,  
At the same time, it truly does remind,  
Of those in struggle, gave their lives,  
And serves as a constant reminder,  
To feel the pride, as alongside the Indian Flag,  
The country also climbs, even beyond the sky.

Vibha Arya, VIII - I

## Dreams

What a sweet place it is, The time spent, stuck in dreams  
Escaping the reality, For once forgetting how it seems.  
These moments right before the sunrise .Where fragments of tranquillity remain,  
are the merry pieces of fantasy , I'd die to encounter again.  
For I've witnessed, there exist realms, Confined in these mere seconds  
Here life is a blend of reality and illusion , About which no one often reckons.  
I wonder how it feels,, If one could stay there forever  
Not a worry or a strain, , Just a multitude of thoughts put together  
But it breaks a heart to realize, , It lasts no longer than a one-hit wonder  
Then with a weary eye rub, I'm drawn;, back into reality, instantly as if a thunder.

Lavanya Gakhar , XI-G





# CREATIVE EXPRESSIONS



AASHNA BHALLA - VII A



MANYA TINNA - VIII D



ABHAV NARULA - III i



SHUBHAM VATS - VI I



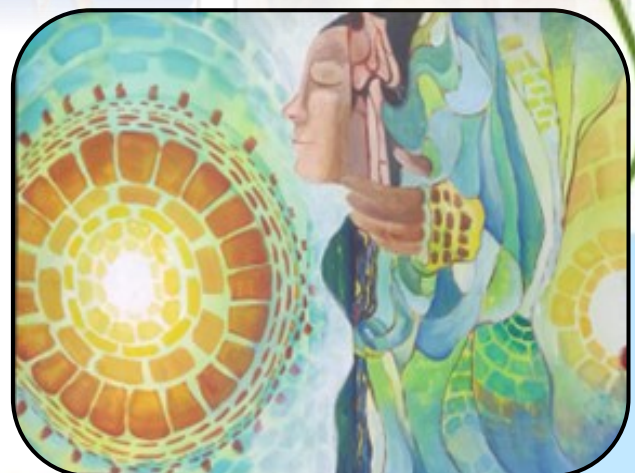
AASHNA BHALLA - VII A



HARSHETA BHARDWAJ - XII D



AVIKA VERMA - VIII D



NANDINI AGGARWAL - XII D



# Awards and Acclaims



## CONGRATULATIONS TO OUR SHINING STARS !



Bhavya Raj of class VI brought immense pride to our school by securing 3rd position in the Uneven Bar event in the CBSE National Gymnastics Games under 11, held at Chitrakoot International School, Ahmadnagar.



Maanav Khandelwal of class VI was crowned the over all national champion at the National Roller- Skating Championship in the SGFI National held at Chennai. He won one gold medal and two silver medals.



Ronak Rakheja of class IX won a bronze medal in event BALANCING BEAM under 14 age category in Artistic Gymnastics, organised by SGFI at Ambala Stadium, Haryana .



Swarnim Gaur of X, Tejaswini Yadav of XI and Adya Gupta of X brought us laurels by representing Haryana Cricket Team in U-19 category at national level . They secured the fourth position.



Hansika Ralli of class XI won prizes in Rifle Shooting and got many laurels.

## Mrs. Arti Chopra Receives Best Principal Award

It was a moment filled with pride for Amity International School, Sector 46, Gurgaon, when its esteemed Principal, Mrs. Arti Chopra was honoured with the Best Principal of the Year Award by EDULEADERS at the EDULEADERS Summit held at Eros Hotel, Nehru Place, New Delhi on January 22, 2024. The award ceremony, graced by luminaries such as Mr. Manish Naidu, Founder of Brain wonders and Praveen Singh, CEO of MBD, celebrated a group of Principals from the National Capital Region (NCR) for their exceptional contributions to advancing education. Mrs. Arti Chopra's remarkable leadership, vision, and dedication to educational excellence has not only brought honour to the institution but has also inspired positive changes within the education community. Her accolade at the EDULEADERS Summit stands as a testament to her unwavering commitment to shaping the future of education in India. Mrs. Chopra conveyed her appreciation to Dr. Mrs. Amita Chauhan, Chairperson of the Amity Group of Schools, for her continuous guidance and support in achieving this prestigious award.



## 23rd Inter School Ramanujan Mathematics Competition Fostering Mathematical Excellence

Under the initiation of Dr. (Mrs.) Amita Chauhan, Chairperson of Amity Group of Schools, on December 22, 2023 Amity International School, Noida, hosted the prestigious 23rd Inter School Ramanujan Mathematics Competition, drawing participation from approximately 20 renowned schools across Delhi and NCR. This event, commemorating the birth anniversary of the celebrated mathematician Srinivasa Ramanujan proved an amazing portal to test the problem-solving and analytical skills of the students. Our students showcased their prowess in events such as Math-o-wit, Math Magisto, Math Quizzer, and Math Innovator across different levels and won Second Position in Math-o-wit for Class IV-V and First Position in Math Quizzer for Class IX-X, claimed by our students Moksh Agarwal, Pakhi Bisht, Vihaan Aggarwal, and Moksha Pawriya respectively.





## Class XII Citation Ceremony 2023-24

On January 15, 2024, Amity International School, Sec-46, Gurgaon, hosted a poignant Citation Ceremony, commemorating the graduating Class XII of 2023-24. Aligned with the vision of Dr. (Mrs.) Amita Chauhan, Chairperson of the Amity Group of Schools and under the inspiring leadership of Founder President Dr. Ashok K Chauhan, the event aimed to instil qualities in Amitians that would make them torchbearers of tomorrow.

Beginning with a spiritually resonant Hawan, seeking divine blessings, the ceremony featured esteemed figures such as Dr. (Mrs.) Amita Chauhan and Ms Anita Setia (Advisor to Chairperson) alongside their proud parents and school Principal Ms Arti Chopra. The highlight was the citation presentation, where each class XII student, holding a diya, illuminated the emblem of their alma mater. Dr. (Mrs.) Amita Chauhan's inspirational address encouraged students to face challenges with courage and set lofty aspirations. Parents and students expressed their sincere gratitude to the Chairperson Madam for providing a conducive environment in the school. The event concluded with the Shower of Blessings, symbolizing collective blessings for a prosperous future. The program concluded harmoniously with the resonant notes of the school song followed by the stirring rendition of the National Anthem.





## Investiture Ceremony 2024- Empowering the future leaders

**"The very essence of leadership is that you have to have vision. You can't blow an uncertain trumpet."- Theodore M. Hesburgh**

On January 24th, 2024, the School embraced its future leaders during the Investiture Ceremony, an event symbolizing the passing the baton of responsibility, dedication and discipline to students across the junior, middle, and senior wings. The ceremony commenced with the solemn lighting of the lamp accompanied by the Gayatri Mantra, invoking enlightenment. Esteemed guests, including the revered Chairperson Dr. (Mrs.) Amita Chauhan and Col. Ahluwalia, Sr. Sports Consultant, witnessed captivating Indian Classical Group Dance performances, setting the tone for the occasion.

Principal Ms. Arti Chopra congratulated the newly elected Student Council, urging them to embody the ethos of 'Service Before Self' and approach their duties with perseverance, humility, and loyalty. The outgoing Head Boy, Aniruddh Chaturvedi and Head Girl, Khanak Agarwal, shared insights from their tenure, emphasizing the importance of commitment, and competence in leadership.

Jayvardhan Chauhan and Anubha Mathur , the newly appointed Head Boy and Head Girl expressed their heartfelt gratitude to honourable Chairperson Dr. (Mrs.) Amita Chauhan for her blessings and consistent motivation to be the best.





## **Blessing Ceremony -Empowering Class X Students**

With the blessings of Dr. (Mrs.) Amita Chauhan, Chairperson of the Amity Group of Schools, on January 31, 2024 Blessing Ceremony for Class X students was organised in the school . The ceremony aimed to imbue Amitians with the qualities necessary to become future torchbearers. Led by the school principal Ms. Arti Chopra, alongside Mr. Mukesh Chand (Consultant) and Block Coordinator, Ms. Vanshika Tuteja, Havan was conducted to invoke blessings and impart best wishes to the students who are going to appear in the Board Examination. Ms. Arti Chopra extended her best wishes to the students for their upcoming Board Examinations, encouraging them to pursue their goals with determination and passion. Students were presented with good luck badges by their class teachers. The ceremony concluded with the distribution of Prasad and students seeking blessings from their teachers, marking a poignant and auspicious start to their journey ahead.



## **Earthquake Safety Drill Promoted Preparedness and Awareness**

On February 6th, 2024, earthquake evacuation drill was conducted with the aim of educating students and teachers about earthquake safety protocols and fostering swift responses during emergencies. Expert-led demonstrations highlighted life-saving techniques, sensitizing both staff and students to critical rescue procedures in earthquake scenarios.

Staff members, equipped with necessary rescue gear, strategically positioned themselves to guide and assist students during the simulation. The evacuation commenced promptly upon activation of the fire alarm, with students swiftly exiting their classrooms and assembling at the designated sports ground.

This mock exercise, part of the school's earthquake risk reduction program, aimed to assess the school's readiness for potential emergencies while enhancing awareness of earthquake safety measures and rescue operations among students and staff alike.

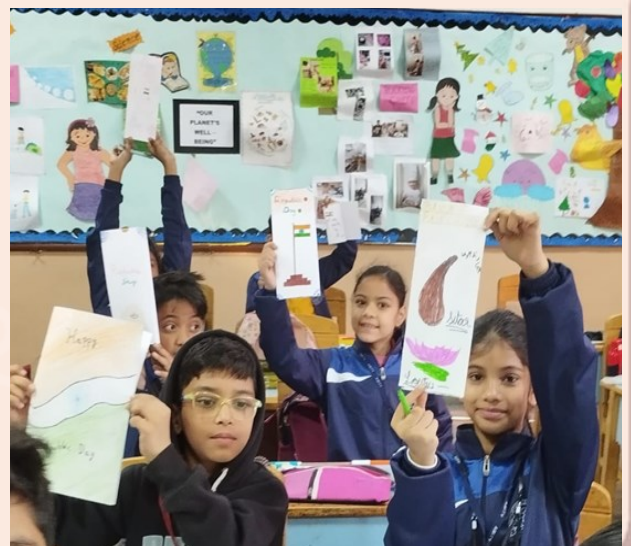




## 75th Republic Day Celebration - Exhibiting Unwavering Patriotism

Republic Day was celebrated with abundant patriotic fervour. Students immersed themselves in various patriotic activities, including renditions of national songs, recitations of poems, and spirited dance performances. Art classes resonated with the spirit of Republic Day through vibrant expressions in clay modelling, painting and drawing.

Special assemblies were organized in Junior and Senior school, culminating in the hoisting of the national flag on January 26, 2024, by the esteemed Principal, Mrs. Arti Chopra. In her inspiring address, she urged students and teachers to strive diligently, propelling India towards greater heights.





## AMIOWN PRE-ORIENTATION PROGRAMME

Amiown Pre-Orientation Programme, held on January 20, 2024, embraced the philosophy that cherishes childhood as a time for holistic development rather than a race for academic milestones. Principal Ms. Arti Chopra, enlightened parents about the school's objectives and educational philosophy, emphasizing a focus on high-quality education programmes tailored to each child's individual pace of development. Ms. Sumity Kapoor, the Head Mistress, eloquently portrayed the school's ethos and faculty, addressing the concerns of new parents. Parents were then guided on a school tour by teachers.

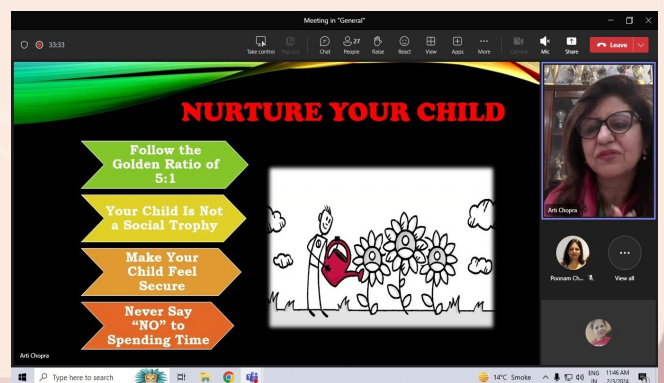
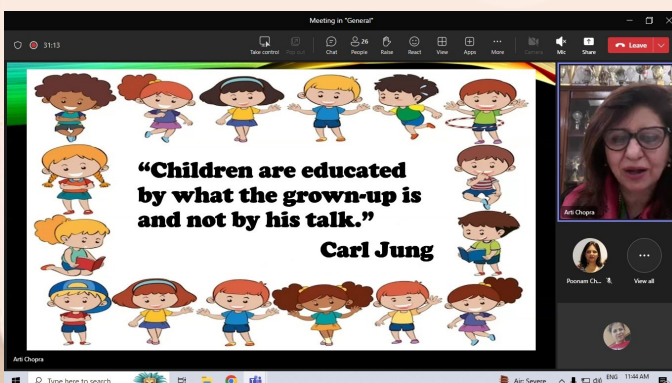


## POSITIVE PARENTING SESSION

On 3<sup>rd</sup> February Principal, Ms. Arti Chopra conducted an online session on the 'Positive Parenting' which was attended by parents, teachers, and students alike. Addressing the imperative need for positive parenting techniques to instil discipline and foster good moral values in children, the workshop aimed to equip parents with invaluable insights and practical strategies to elevate their parenting skills and cultivate a nurturing environment for their children's growth.

Ms. Arti Chopra's expertise and experience in education and child development made the session very enlightening.

Through informative presentations, stimulating discussions, and practical guidance, this session exemplified the school's unwavering commitment to bolstering parental support in the journey of nurturing happy, healthy and morally upright children.





## PETA WORKSHOP

**"It takes nothing away from a human to be kind to an animal."** Joaquin Phoenix

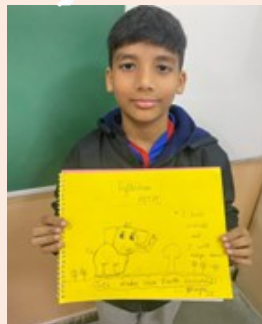
On 14<sup>th</sup> February Ms. Meenakshi Narang conducted a workshop , with the aim of sensitizing the young learners and the future citizens of the country towards ethical treatment of animals. Ms Shalini Khanna, Consultant Amity group of schools, graced the occasion with her presence. All the distinguished guests were accorded a warm welcome by Principal Arti Chopra .

The students were introduced to Ellie, the life sized animatronics replica of the real elephant. Ellie being Asia's first realistic educational animatronics elephant teaching children about the importance of kindness and empathy .Then came the most awaited moment of the event when Ellie started talking to the learners . She shared the story of her suffering and all sorts of weird things she had to go through.

The workshop concluded with a question and answer session where the students curiously asked various questions, fascinated with the life of Ellie. The entire workshop was quite enriching and an eye opener towards the suffering and harsh life the elephants go through. It was indeed a great initiative by PETA, India and Respected Chairperson, Dr. (Ms.) Amita Chauhan to provide this learning platform to understand the need of animal protection.



## Reflections





## **“SPARDHA” - JUNIOR SPORTS DAY**

**“Sports serve society by providing vivid examples of excellence. – George F. Will**

Junior Sports Day was conducted on Saturday, 17th February 2024. The School's expansive playground served as the venue for the day and was graced by the distinguished guests- Mr. Ram Niwas, District Sports Officer, Mr. Anoop Yadav, Captain-National Kabaddi Team, Mr. Padamjeet, Commentator and Motivational speaker, ACP Kavita (women's cell) and Ms. Sapna Chauhan, Vice Chairperson of Amiown Schools.

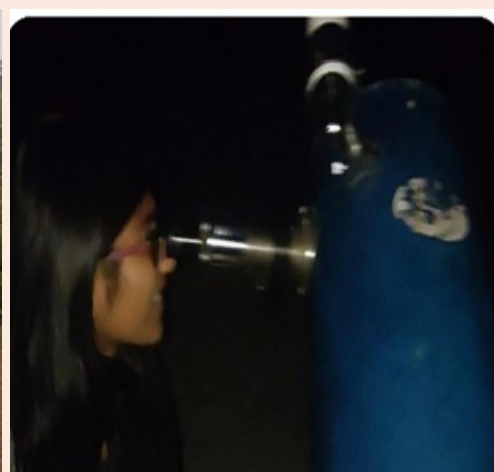
The sports meet was declared open by lighting of the torch. The Mascot “Hope and Desire” attracted the attention of parents, students and elevated the excitement. Synchronization of mass drill, yoga presentation, along with different formations was commendable and mesmerized the spectators. Amitasha students also showcased their athletic prowess. Prizes were given away by Ms. Sapna Chauhan, Vice Chairperson of Amiown Schools who congratulated all the achievers. Enthusiastic participation of the parents made it a memorable day.





## Stargazing Adventure: Exploring Space Astronomy at Astroport

A group of selected students embarked on an unforgettable journey to Astroport near Sariska National Park for an overnight observation session dedicated to space astronomy. This was specifically designed to provide budding astronomers with an unparalleled experience in sky viewing and research. Throughout the trip, students were engrossed in a variety of engaging activities, including astrophotography, night gazing, and the observation of celestial bodies such as Jupiter, star clusters, shooting stars, and constellations. They also honed their practical skills like latitude finding and telescope alignment. From star observations to learning about constellations and mastering tools like the planisphere and latitude finder, the experience was both educational and thrilling.



### PLEASE VISIT THE FOLLOWING LINKS

School Website : [amity.edu/ais/gurgaon46](https://amity.edu/ais/gurgaon46)

Facebook Link : <https://www.facebook.com/amityinternationalschool46/>

Twitter Link : <https://twitter.com/ggn46>

LinkedIn Link : <https://www.linkedin.com/in/amity-international-school-619813161/>

Glocal Amitian Link: [amity46.com](https://amity46.com)